AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions and listings of claims in the application.

- 1. (currently amended) A composition comprising:
 - a composition having iron nanoparticles dispersed homogeneously throughout said composition, wherein said composition is formed by heating to a temperature of from about 300°C and above a mixture of:
 - a ferrocenylethynyl containing composition component selected from the group consisting of 1,4-bis(ferrocenyl)butadiyne, 1-ferrocenylethynyl-4- (phenylethynyl)benzene and 1,3-bis(ferrocenylethynyl)benzene; and
 - an aromatic-acetylene containing composition component selected from the group consisting of 1,2,4,5-tetrakis(phenylethynyl)benzene, 1,2,4-tris(phenylethynyl)benzene and 1,3,5-tris(phenylethynyl)benzene; and wherein said ferrocenylethynyl containing composition component and said aromatic-acetylene containing composition component are in molar mix proportions of between 1 and 99 of said ferrocenylethynyl containing composition component and between 99 and 1 of said aromatic-acetylene containing component.
- 2. (currently amended) The mixture composition of claim 1, wherein said mixture is heated to a temperature of from about 400°C.
- (currently amended) The mixture composition of claim 1, wherein said mixture is heated
 to a temperature of from about 500°C.
- 4. (currently amended) The mixture composition of claim 1, wherein said mixture is heated to a temperature of from about 600°C.
- 5. (currently amended) The mixture composition of claim 1, wherein said mixture is heated to a temperature of from about 700°C.

- 6. (currently amended) The mixture composition of claim 1, wherein said mixture is heated to a temperature of from about 800°C.
- 7. (currently amended) The mixture composition of claim 1, wherein said mixture is heated to a temperature of from about 900°C.
- 8. (currently amended) The mixture composition of claim1, wherein said mixture is heated to a temperature of from about 1000°C and above.
- (currently amended) The mixture composition of claim 1, wherein said mixture is heated
 to a temperature greater than about 300°C and held at said temperature for at least
 one hour.
- 10. (currently amended) The mixture composition of claim 1, wherein said ferrocenylethynyl containing composition component and said aromatic-acetylene containing composition component are in molar mix proportions of between 10 and 75 of said ferrocenylethynyl containing composition component and between 90 and 25 of said aromatic-acetylene containing composition component
- 11. (currently amended) A method of forming a composition containing iron nanoparticles homogeneously dispersed throughout, said method comprising the steps of: mixing between 1 and 99 molar proportion of 1,4-bis(ferrocenyl)butadiyne and between 99 and 1 molar proportion of said an aromatic-acetylene containing eomposition component selected from the group consisting of 1,2,4,5-tetrakis(phenylethynyl)benzene, 1,3,5-tris(phenylethynyl)benzene and 1,2,4-tris(phenylethynyl)benzene;

heating said mixture for at least 1 hour at between 300 and 1000°C; and forming a thermoset or a carbon composition having metal nanoparticles dispersed homogeneously throughout.

- 12. (original) The method of claim 11, wherein said metal nanoparticles have a size of greater than 1 nm.
- 13. (original) The method of claim 11, wherein there is a decrease in the weight of said mixture of less than 20% when said mixture is heated.
- 14. (original) The method of claim 11, further comprising the step of controlling the temperature and time duration at said temperature thereby providing control over the size of the metal nanoparticle.
- 15. (original) The method of claim 11, further comprising the step of forming thermoset fibers.
- 16. (currently amended) The method of claim 11, wherein said mixing is between 10 and 75 molar proportion of said 1,4bis(ferrocenyl)butadiyne and between 90 and 25 molar proportion of said aromatic-acetylene containing composition component; heating said mixture for at least 1-hour at between 300 and 1000°C; and forming a thermoset or a carbon composition having metal nanoparticles dispersed homogeneously throughout.

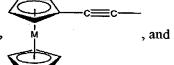
17. (currently amended) A composition formed by heating to a temperature of from about 300°C and above a mixture of:

an organometallic eomposition <u>component</u> and an aromatic-acetylene containing <u>eompound component;</u> [[and]]

wherein said organometallic composition component comprises the formula:

$$C = C - \left(R_x\right) - \left(C = C\right)_m - \left(R_y\right)_s A$$

wherein A is selected from the group consisting of H,



wherein M is a metal selected independently from the group consisting of Fe, Mn, Ru, Co, Ni, Cr and V;

wherein [[Rx]] \underline{R}_x is independently selected from the group consisting of an aromatic, a substituted aromatic group and combinations thereof;

wherein [[Ry]] \underline{R}_{y} is independently selected from the group consisting of an aromatic, a substituted aromatic group and combinations thereof;

wherein m is ≥ 0 ;

wherein s is ≥ 0 ;

wherein z is ≥ 0 ;

wherein m and s are independently determined in each repeating unit; wherein said aromatic-acetylene containing emposition component is selected from the group consisting of 1,2,4,5-tetrakis(phenylethynyl)benzene and 1,3,5-tris(phenylethynyl)benzene; and

wherein said organometallic composition component and said aromatic-acetylene containing composition component are in molar mix proportions of between 1 and 99 of said organometallic composition component and between 99 and 1 of said aromatic-acetylene containing composition component.

- 18. (currently amended) The composition of claim 17,

 wherein said organometallic eomposition component and said aromatic-acetylene containing eomposition component are in molar mix proportions of between 10 and 75 of said organometallic eomposition component and between 90 and 25 of said aromatic-acetylene eomposition component.
- 19. (new) The composition of claim 16, wherein the heating step comprises heating for at least one hour at between 300 and 1000°C.